

Date: 2023-10-12

Learner's Name: KHADIJA AHMED

Observer's Name: Kulsum Bilal

Class: Pre-Nursery ZEN



observation

During free play, Khadija climbed on wooden bars with the help of her facilitator.

analysis of learning

Khadija is showing more confidence by exploring all kinds of outdoor play. Climbing enhances fine motor skills—grip strength, hand, arm, and finger coordination. It also helps in the development of body awareness, stronger leg muscles, and balancing.

link to curriculum

Physical Development

- Gross motor development: Climbing
- Fine motor skill: Hand grip

what next

Swinging



Date: 2023-09-10

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Observer's Name: Kulsum Bilal

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observation

During yoga time, Khadija imitated the facilitator by copying the star pose.

analysis of learning

Khadija has a good control on her body movements and is able to stretch her body according to any yoga pose instructed. She is learning to focus and develop concentration while doing this pose.

link to curriculum

Physical Development

- Yoga, Body Awareness
- Following Directions

what next

Cobra Pose Balancing a Tray

